

BLUE KNIGHTS West Virginia II



July 2019 Newsletter

PRESIDENT'S NOTES:

Well 2019 Wild Wonderful Knights Weekend has come and gone. I know it seems early but we need to start working on the 2020 Spring MDC/WWK Weekend. We will need some vendors if possible and some great door/raffle prizes.

I would like to see members come forth and be on some of the committees that we have in the chapter. We need your support to make things happen. We need some guys to step up and start helping getting rides formed.

I want to remind everyone that if you and another member go for a ride together just to go for lunch, sightseeing or to work and back please let me know so I can get you marked down as doing a chapter ride.

It is the middle of the year and there are a few members that have not attended a meeting, ride or event for 2019. Remember all you have to do is get with another member and go for a ride and you meet the requirement. make sure you get out and get a ride in or attend a meeting or go to an event and let me know. Here is the list I have that have not met the requirements. So, if you see someone's name make contact and get them out for a ride or something.

Robert Foster, John McCloud, Derek Patrick, Donald Sides, Butch Sinclair, and Justin Talkington.

Ride With Pride

Ed & Rexann Martin

304-622-0135 bkwv2@aol.com

VICE PRESIDENTS NOTES:

Our next meeting will be Thursday, August 8th, 2019 it will be at the 19:00 Hours (7 PM) at Blue Knights West Virginia 2 Clubhouse, 245 Emily Drive, Clarksburg, WV 26301. We will have pizza before the meeting.

Catch the fever.
Ride With Pride

35oldsrodder@gmail.com

Jim Enoch

SECRETARY'S NOTES:

Our next meeting will be Thursday, August 8th, 2019 it will be at the 19:00 Hours (7 PM) at Blue Knights West Virginia 2 Clubhouse, 245 Emily Drive, Clarksburg, WV 26301. We will have pizza before the meeting.

Respectfully,

George D. "Robby" Robinson Blue Knights WVII Secretary robinsonusmc77@gmail.com

Hone 304-527-0757 Cell 775-781-1993

TREASURER'S NOTES:

Our next meeting will be Thursday, August 8th, 2019 it will be at the 19:00 Hours (7 PM) at Blue Knights West Virginia 2 Clubhouse, 245 Emily Drive, Clarksburg, WV 26301. We will have pizza before the meeting.

All bills are paid and chapter doing well.

Ride Safe, Ride Smart and Ride with Pride. You are the faces of West Virginia II. marty.e.mcnulty@gmail.com

Marty McNulty

ROLL CALL

June Roll Call: Robby Robinson, Ed Martin, Rexann Martin, Robert Davis, Don Wikert, Mike Neely, Lou Stevens, Del Parris, Jim Enoch, Charles Luzader, Rene Noe, Randy Biggins, Gerry Menendez and Doug Baker present at the meeting. Joining meeting online: Russ Swiger, Steve Hamling, Carmen Hamling, Wes Talbott III, and Bobby Ryan

Chapter Safety Officer

Since the weather is getting hotter this summer, I noticed this article I read this article from Centers for Disease Control and Prevention, and wanted to let everyone know about Heat Stroke and Heat Exhaustion.

Your body normally cools itself by sweating. During hot weather, especially when it is very humid, sweating just isn't enough to cool you off. Your body temperature can rise to dangerous levels and you can develop a heat illness.

Most heat illnesses happen when you stay out in the heat too long. Exercising and working outside in high heat can also lead to heat illness. Older adults, young children, and those who are sick or overweight are most at risk. Taking certain medicines or drinking alcohol can also raise your risk.

Heat-related illnesses include

- Heat stroke a life-threatening illness in which body temperature may rise above 106° F in minutes. Symptoms include dry skin, a rapid, strong pulse, dizziness, nausea, and confusion. If you see any of these signs, get medical help right away.
- Heat exhaustion an illness that can happen after several days of exposure to high temperatures and not enough fluids. Symptoms include heavy sweating, rapid breathing, and a fast, weak pulse. If it is not treated, it can turn into heat stroke.
- Heat cramps muscle pains or spasms that happen during heavy exercise. You usually get them in your abdomen, arms, or legs.
- Heat rash skin irritation from excessive sweating. It is more common in young children.

You can lower your risk of heat illness by drinking fluids to prevent <u>dehydration</u>, replacing lost salt and minerals, and limiting your time in the heat.

HEAT EXHAUSTION SIGNS AND SYMPTOMS



Disorientation

Hot, dry skin

Sluggish

Ride with Pride,
Walter Knight

Headache

Dizziness

Road Captains

Rules for Your Motorcycle Group Rides

1. Hold a meeting before you ride

It is best to get together with all your riders beforehand to talk strategy (where you'll stop, how long you'll ride, where to go if you get lost, etc.) and ask questions. It is best if the lead rider and the tail gunner/sweep rider have radio communications. It is important that once the leader gives any kind of sign to the group that ever rider in the group passes it along to the rider behind him.

2. Decide a riding order

First choose a lead rider (the one in front) and a tail gunner/sweep rider (the one in back). The lead rider is in charge of telling the group what's coming, be it a traffic jam, rainstorm, or stampeding horse. And the sweep rider sets the pace for the group. Everyone else should have a place in the formation, too. The least experienced of your bunch should be behind the leader, letting the pros line up behind them and lend a watchful eye.

You might be wondering, "How many riders should be in my group?" It depends on the situation. In the NHTSA study, though, several riders said they felt best in groups of 10 or fewer.

3. Come prepared

This includes simple things that everyone should do, like arriving with a full tank of gas and bringing a cell phone. It also means deciding who will bring a first-aid kit, bike tools, and other necessities. If possible, exchange telephone contacts with one another for emergency contacts.

4. Don't go rogue

In group motorcycling, there's no room for showboats or renegades. Avoid competitions with your group mates, tailgating, or passing other riders.

5. Stagger your riding formation

Perhaps the trickiest part of group riding is perfecting the formation. That's because while you want to keep your group relatively tight (so you're easy to spot), you also want to maintain a space cushion within the ranks.

How on earth do you do that? The best way is to stagger: the leader rides on the left side of the lane, the second rider stays one second back and on the right side. The third rider stays one second behind the second rider and on the left side, and so on. You <u>don't</u> want to ride side-by-side since this will limit your maneuvering space if you need to swerve quickly.

Keep in mind that you may want to go single-file on very curvy or deteriorated roads, when entering the highway, when turning at intersections, or in bad weather.

6. Pass in formation

When it comes to passing other vehicles on the highway, group members should do so one at a time and then return to their spot in formation. So, the leader would pass and return to the left side of the lane, then the next rider would pass and return to the right side, and so on.

7. Take plenty of breaks

If all these group riding rules seem a bit exhausting, that's because they are. In order to keep your concentration and energy (and avoid sucking the fun out of the experience), take frequent rests and just savor the moment.

8. Keep your least experienced rider in mind

Not sure how far to ride? How fast? How often to take a break? The answer is always to figure out what your least-experienced rider is capable of and comfortable with and use that as your benchmark.

QUICK TIPS: General Guidelines for Riding A Motorcycle Safely

Be visible:

Remember that motorists often have trouble seeing motorcycles and reacting in time.

Make sure your headlight works and is on day and night.

Use reflective strips or decals on your clothing and on your motorcycle.

Be aware of the blind spots cars and trucks have.

Flash your brake light when you are slowing down and before stopping.

If a motorist doesn't see you, don't be afraid to use your horn.

Dress for safety:

Wear a quality helmet and eye protection.

Wear bright clothing and a light-colored helmet.

Wear leather or other thick, protective clothing.

Choose long sleeves and pants, over-the-ankle boots, and gloves.

Remember – the only thing between you and the road is your protective gear.

Rene Noe, Walter Knight, Andy Kolb, and John "Spot" McCloud

Chaplain's Corner

Del Parris, Chaplain Blue Knights WVII

Committee Reports

Chapter picnic is just about one week away, Sunday, July 28th, 2019. If you are going to attend please contact Sister Ethel Tyler ASAP. She will need to know who all will be attending and what covered dish you may be bring. Also, he needs to know so we can get enough hamburgers, hot dogs and drinks. Text or message her at 304-677-2714 to let me know how many people.

From Membership

President Martin is thinking about setting up a fall ride on September 21, 2019 to Flight 93. Is anyone else interested? It will be a couple weeks after Patriot Day so it should not be as hot or crowded. If you are interested please send him an email. (bkwv2@aol.com)

UP COMING EVENTS

2019 Annual Blue Ride: Sunday, July 28th, 2019, (Rain or Shine) hosted by Blue Knight PA XVI and Washington Lodge #164 F & AM. Registration is at the North Strabane TWP. Volunteer Fire Dept. from 9 am to 11 am. The cost is \$25.00 single, \$35.00 double.

Contact Dave Richards at 724-263-6218 or dave.richards114@comcast.net

2019 West Virginia II Summer Picnic, will be Sunday, July 28, 2019 at the Shinnston Municipal Pool, 10 North Street, Shinnston, WV 26431. *Picnic starts at 6 PM until 9 PM*. Brother Ryan

2019 Summer Great Lakes Region Conference, August 2 –4, 2019 in Youngstown, Ohio. Host Hotel: Hampton Inn Youngstown-West I-80at State Route 46880 N. Canfield-Niles Road Youngstown, Ohio, 44515. 330-544-0660 Ask for the "Blue Knights Law Enforcement Rate" Room rates are \$95.00 per night. Standard 2 queen or a king. Rates start Thursday. Indoor pool, complimentary high-speed internet, 24-hour business center. Check in time is 2 PM. Hampton Inn has been remodeled this past year. Hotel serves a hot breakfast for its guests. Hotel is not pet friendly, sorry. Event registration to be \$60 per person.

2019 International Convention August 4 - 9, 2019; Hosted by Bronx NY II, The Hilton Westchester Hotel, 699 Westchester Ave, Rye Brook, New York, 10575. 914-939-6300 or 914-939-4760. **Convention Registration Information**; Full Week Registration Prior to 3/31/19 \$150/Person (\$75 child). Full Week Registration After 4/1/19 \$180/Person (\$90 child). Convention Website: https://sites.google.com/view/bkny2convention/home

2019 Warren T. Holmes Memorial Crab Feast & Family Weekend, August 2-4, 2019. Hosted by Maryland I, THE **CRAB FEAST** IS ON SATURDAY, August 3, 2019!! Knight of Columbus 6111 Columbian Way, Bowie, MD (**INDOORS**) Doors open at 11:30 AM Crabs Served at Noon. Once again, the members of MARYLAND I invite you to the best event on the east coast. The food is good and the cost is reasonable. The HOSPITALITY is next to none! All proceeds go to charity. **ACTIVITIES** - Marine Corps Evening Parade (Friday), Washington MD Tour (Sat Evening), Skills Competition at Crab Feast and 50/50 (on going). **HOTEL** - Comfort Inn, Bowie, MD (301) 464-0089, rate is \$121.50 plus taxes, Incl. Sat & Sun hot breakfast. **REGISTRATION WEEKEND** - Registration fee of \$85 includes hospitality room Friday and Saturday, Marine Corps Parade, Tours, and Crab Feast, (Children under 12 yrs. \$55). **SATURDAY ONLY** - Pre-Registered Adults: \$60 (Children under 12 yrs. \$35). Tables at the Crab Feast may be reserved with pre-registration for groups of eight. NOTE: \$5.00 late fee applied to all registrations after July 1, 2018. Contact: 301-996-8288.

2019 MDC Fall Conference, Culpeper, VA, August 30 – Sept 2, 2019. Hosted by VA II, Best Western Culpeper Inn, Event includes breakfast buffet, (540) 825-1253, room rate is \$90.00 per night; Blue Knights Virginia – II, P.O. Box 2264, Merrifield, VA 22116-2264. This will be the 43st Annual Blue Ridge Rally, with a "Knights Under the Big Top Theme". Price is \$95.00 per person. Contact Keith Chase (Secretary) 703-893-1823 or VA2@blueknights.org.

2019 Fall Tri-State Conference: October 11 – 14, 2019, Batavia, NY hosted by NY IV. Quality Inn & Suites, 8250 Park Road, Batavia, NY 14020 (585-344-2100) room rate is \$70.00 + tax per night. Event registration is \$130.00 per night.

2020 Winter MDC Conference, Danville, VA, February 14 – 16, 2020. Hosted by VA XIII, Comfort Inn & Suites, 100 Tower Drive, Danville, VA, 434-793-2000. \$85.00 plus tax per night. (Make sure you tell them you are with the Blue Knights LEMC group). Registration for event is \$85.00 per person. Contact Keith Johnson, val3@bluenights.org.

2020 Spring MDC & Wild & Wonderful Knights, Hosted by West Virginia II. Host hotel is the Holiday Inn Express & Suites. Elkins, WV. May 22 – 24, 2020. There a limit number of rooms, FOR ROOM RESERVATIONS CALL: Holiday Inn Express & Suites, 50 Martin St, Elkins, WV, call 304-630-2266; TELL THEM YOU ARE WITH THE <u>BLUE KNIGHTS</u>

<u>GROUP and the Code is BLU</u>, Rooms \$125.00 per night plus tax. Event registration is \$85.00 per person before April 1st, 2020, and \$95.00 after April 1st, 2020.

Sick - Ill or in Distress: Brother Fred LePera had a motorcycle crash on Tuesday, July 9th while driving on WV Rt 7 in Preston County and is currently at home recovering. His cell # 304-476-1085.

Drawing: The July drawing was \$20.00. Brother Wes Talbott's name was drawn but he was not in attendance. (he was online). August drawing will be \$25.00

Next Meeting Location

Our next meeting will be Thursday, August 8th, 2019 it will be at the 19:00 Hours (7 PM) at Blue Knights West Virginia 2 Clubhouse, 245 Emily Drive, Clarksburg, WV 26301. We will have pizza before the meeting.

Here are the officers for West Virginia II for 2018-2019.

Blue Knights West Virginia II Chapter Officers for 2018/2019

President Ed Martin, P.O. Box 174, Anmoore, WV 26323, 304-641-3394, <u>bkwv2@aol.com</u>

Vice-President Jim Enoch, P.O. Box 477, Grandville, WV 26534, 304-599-9115, <u>35oldsrodder@gmail.com</u>

Secretary George "Robby" Robinson, 554 Rose St, Follansbee, WV 26037, 304-527-0757 <u>robinsonusmc77@gmail.com</u>
Treasurer Marty McNulty, 1465 Life's Run Rd, Jane Lew, WV 26378, 304-884-7505 <u>marty.e.mcnulty@gmail.com</u>

Directors Lou Stevens, Bobby Ryan, & Andy Kolb.

Road Captain Pre-Ride Check List

- Signup sheet. This is so you know who is on the ride.
- Check for copy of form to be present on all rides.
- List of cell numbers for Captain and Sweeps
- Make available a list of cell phone #'s to each rider.
- Maps of route (road conditions).
- Go over route to be clear and any road hazards that may occur.
- Ride level of ride (all riders are skilled for the level).
- State level of ride, make sure everyone is comfortable, divide into two groups if needed.
- Stops on ride and where ride is to end.
- Announce any stops along ride and where it will end. Assist anyone needing help in returning.
- Furnish number for those that have Road Side Assistance, First Aid Kit, Tool Kit, Camera's.
- Hand signals (pass signals back).
- Go over all hand signals to be used and make sure that they are passed back.

