

BLUE KNIGHTS West Virginia II





PRESIDENT'S NOTES:

I want to apologize for the newsletter getting out late this month but we were at the 2018 Winter Mason Dixon Conference in Newark, Delaware.

We just got back from the Winter MDC and it was a great time meeting with old friends and meeting a few new ones. The conference meeting on Sunday was the shortest that I have attended. There were a few things that the membership was information to but I will not put that into the newsletter. I will have advised everyone at the March meeting. Just to let the members know, we have Chapters in the Mason Dixon Conference with a total of 2,233 members.

Ride with Pride,

Ed & Rexann Martin

304-622-0135 bkwv2@aol.com

VICE PRESIDENTS NOTES:

Our membership has fallen a little from 2017 but we are still going strong with about 39 members, 3 honorary members and 1 special honorary member. We lost a few due to health reasons and a few that have sold their rides. I am going to be working on a 2018 recruitment project for our chapter so I hope I can get your support in this project.

If you talk to someone that would be a great addition to our BK WV II membership and that meet the requirements for membership, please plant a seed with them about becoming a BLUE KNIGHT. If you need a poster or other information about the Blue Knights let me know and I will get it to you. You can put up a poster at work or another agency.

If you have any ideas for recruitment please let me know what you think we can do to get out and recruit some new members in 2018.

Our next meeting will be Thursday, March 8th, 2018 it will be at the 19:00 Hours (7 PM) at Blue Knights West Virginia 2 Clubhouse, 245 Emily Drive, Clarksburg, WV 26301. We will have pizza before the meeting

<u>Catch the fever</u>. Ride With Pride <u>350ldsrodder@gmail.com</u>

Jim Enoch

SECRETARY'S NOTES:

Our next meeting will be Thursday, March 8th, 2017 it will be at the 19:00 Hours (7 PM) at Blue Knights West Virginia 2 Clubhouse, 245 Emily Drive, Clarksburg, WV 26301. We will have pizza before the meeting.

Respectfully, George D. "Robby" Robinson

TREASURER'S NOTES:

Our next meeting will be Thursday, March 8th, 2017 it will be at the 19:00 Hours (7 PM) at Blue Knights West Virginia 2 Clubhouse, 245 Emily Drive, Clarksburg, WV 26301. We will have pizza before the meeting.

All bills are paid and chapter doing well.

Ride Safe, Ride Smart and Ride with Pride. You are the faces of West Virginia II. <u>marty.e.mcnulty@gmail.com</u>

Marty McNulty

ROLL CALL

February Meeting: Del Parris, Russ Swiger, Marty McNulty, Chuck Luzader, Jim Enoch, Rene Noe, Ron Watson, Eugene Botting, Fred LePera, Lewis Stevens, Randy Biggins, Walter Knight, Don Wikert, Rex Talkington, Rexann Martin, and Ed Martin.

Guest: Mike Neely & Brandi Knight

Chapter Safety Officer

A Motorcycle First Aid Kit has Special Needs

An ordinary first aid kit just won't cut it. The types of common injuries that motorcyclists may experience need a special balance of first aid supplies. It is important to know the purpose of and how to use every item in your motorcycle first aid/trauma kit – otherwise it's just taking up valuable space.

Injuries a motorcycle rider might incur:

- <u>Burns</u> <u>sunburn</u> and heat burns from exhaust pipes and other hot motorcycle parts.
- <u>Eye injuries</u> things flying or blowing into the eyes and Insect bites or stings.
- <u>Cuts</u>, abrasions and scrapes usually from hitting the road (literally).
- Fractures, bleeding, possible amputation
- Trauma to the head, neck, spine, chest and abdomen (Box of Life).

Here's a Motorcycle First Aid Kit Checklist:

- A good compact first aid book or cheat sheet (ASM PACT Card).
- Nitrile gloves No less than 2 pair more is better!
- Anti-microbial Hand Cleaner Waterless is preferred with at least 60% alcohol.
- Sting Relief & Burn Gel.
- Band-Aids: A variety of shapes and sizes for small cuts and scrapes. Antibiotic ointment packets
- Steri-strips or Butterfly bandages, Adhesive Sutures- used to pull a small gaping <u>cut</u> or wound together.

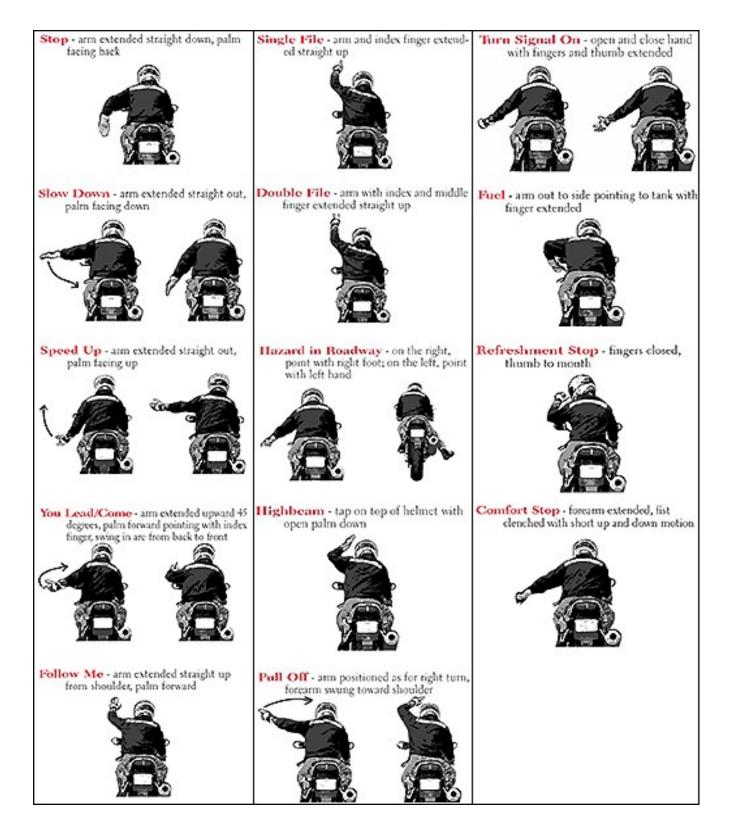
- Minimum 4 large (4×4) Sterile Gauze Pads For Hint: paper towels in a zip-lock baggie can be used for clean up save the sterile dressings for when you need them!
- Rescue Breathing
- Emergency Blanket For retaining body heat that can be used as a reflector for rain and ground cover.
- Normal sterile saline with a squirt tip for irrigating this doubles as an eye wash or wound cleansing.
- Instant Cold Pack(s) They are single use so if you have space, grab a couple for your kit. The larger size works better.
- <u>Burn</u> cream or gel (some have lidocaine for pain)- Aloe Vera aids in healing, pain relief, has antiinflammation properties.
- Glow Stick(s) High intensity emergency glow stick for directing traffic or signaling for help. Consider Green, Yellow & Red so they can be used for triage!
- Heavy Duty Zip-lock Bags Uses: disposal of used and contaminated gauze, gloves and dressings.
- Other medication Pack the travel size or sample packets: Anti-diarrhea tablets, Anti-acid,
- Antihistamine (like Benadryl or Claritin), pain relievers, Electrolytes.
- Triangular Bandage For <u>slings</u>, padding, strapping limbs to splints when <u>fractures</u> are suspected.
- Trauma shears 7 inch Paramedic Shear smaller one's just don't cut it! You will need to be able to cut through leather. You will not want to move a person to remove clothing if there is <u>heavy bleeding</u> you will need to cut through the leathers & other clothing. Use caution as you are using the shears since they can cut through unintended items.
- 1 or 2 rolls of 2" or 3" roll gauze.
 - Tweezers: Easy-to-grip handles for splinter removal and other first aid procedures.

Other things to consider when putting together a **Motorcycle First Aid Kit**:

- Look for soft-sided waterproof zipper cases. Consider packing items in separate strong zip-lock bags. The reason is you will need to stuff all these items into a small bag -as mentioned above- it is very useful to use one bag for each 'type' of item such as gauze in one bag, medication in another and medical tools (scissors and tweezers) in another. Then when you pull out the items from the main bag they do not all tumble out onto the ground. This will not instill confidence in the person you might be helping.
- Become familiar with what is in your kit and inspect the contents routinely. Make sure your kit is not buried in a saddle bag & preferably is on the non-traffic (right) side of the bike. Consider adding a reflective red cross to indicate where your supplies are located.
 - Because you may not have time to read a manual while trying to give first aid to an injured person or yourself, we recommend that you take an <u>Accident Scene Management (ASM) course</u> to learn what first aid challenges you may encounter and how to treat them. A 100 series ASM course teaches the basics of motorcycle trauma using the P.A.C.T. formula and ABCSS of Trauma to prioritize treatment. While this one-day course is geared toward the lay rescuer, it is great for the EMS worker as well. Helmet removal, moving the injured and jaw thrust rescue breathing are all part of this class that prepares you to respond to a trauma scene and apply basic first aid. For more information <u>about classes click here</u> and <u>Pre-packed Motorcycle First Aid Kits go to http://www.rgcompound.com/</u>

Ride With Pride Walter Knight

Road Captains



Rene Noe, Walter Knight, Rex Talkington, and John "Spot" McCloud

Chaplain's Corner

Del Parris Chaplain, Blue Knights WVII

Committee Reports

Picnic Committee

2018 West Virginia II Summer Picnic, will be Tuesday night, July 24, 2017 at the Lewis County Park, 257 Smith Run Rd, Weston, WV 26452. *Picnic starts at 6:30 PM until 9 PM*. Brother Hoskins has set this up. Brother Hoskins say to please make time on your calendars for this event and bring your family and friends with you for a great time with our motorcycle riding law enforcement family. We had an awesome turn out last year and enjoyed some good old back yard BBQ food. The kids and adults enjoyed the water slides and spacious pool area. There's also other areas in the park to enjoy as well. I'm looking for even more members, family and friends to come this year. If you have suggestions or questions please feel free to contact me at <u>gphoskins@aol.com.</u> I would like to start a head count to prepare for the amount of food needed and to determine what individual will be bringing. Thanks in advance. Brother Greg Hoskins.

UP COMING EVENTS

2018 Spring MDC Conference, Danville, VA, May 25 - 28, 2018. Hosted by VA XIII, Comfort Inn & Suites, 100 Tower Drive, Danville, VA, 434-793-2000. \$85.00 plus tax per night. (Make sure you tell them you are with the Blue Knights LEMC group). Registration for event is \$85.00 per person. Contact Keith Johnson 434-429-2531 va13@bluenights.org.

2018 Wild & Wonderful Knights, Hosted by West Virginia II. Host hotel is the Holiday Inn Express & Suites. Elkins, WV. June 8, 9, & 10, 2018. FOR ROOM RESERVATIONS CALL: Holiday Inn Express & Suites, 50 Martin St, Elkins, WV, call 304-630-2266; TELL THEM YOU ARE WITH THE <u>BLUE</u> <u>KNIGHTS and the Code is BNG</u>, Rooms \$104.00 per night plus tax. Event registration is \$65.00 per person before April 1st, 2018, and \$80.00 after April 1st.

2018 Blue Knights International Convention, July 15 – 20, 2018, Stone Mountain, Ga., 30083. Hosted by GA XVI, host hotel is the Atlanta Evergreen Marriott, 4021 Lakeview Dr. Stone Mountain, Ga 30083, (770) 879-9900. Room Rate: \$139.00/ single, \$156.00/ double occupancy, \$193.00/ triple occupancy, \$230.00/ quad occupancy plus taxes and hotel fees. Registration: \$120.00 / person full week basic, can be done with paper or on line! Visit their website for full details. Convention Website: https://bkic2018.com/

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<u>2018 West Virginia II, Friday, December 14th, 2018</u>, West Virginia II - chapter Christmas meeting/party Village Square Conference Center, Clarksburg. Social Hour 6 pm and Dinner about 7 pm. Ballroom A.

Sick - Ill or in Distress:

Drawing: The February 8th, 2018 was worth \$5.00. Brother Menendez's name was drawn and he was not present so the money for March 2018 drawing will be \$10.00.

Next Meeting Location

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